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|  | **MBSC News** |
|  | October, 2017 |
| **Mark Your Calendars!**  **Upcoming MBSC Tri-Annual Meeting Dates:**  **Friday, February 2, 2018**  *The Baronette Renaissance Hotel*  *Novi, Michigan*  **Friday, June 1, 2018**  *The Baronette Renaissance Hotel*  *Novi, Michigan*  **Friday, October 5, 2018**  *\*\*\*\*\*Frederick Meijer Gardens &*  *Sculpture Park*  *Grand Rapids, Michigan*  *Image result for frederik meijer gardens & sculpture park* BCBSM Expectation StatementIt is BCBSM/BCN’s strong expectation that CQI Coordinating Centers continue to remind site participants that clinical data and outcomes cannot be used for marketing or competitive purposes. For instance, while a site participant can acknowledge their commitment to quality by participating in a CQI, it is not appropriate for a site to use CQI data to state they are better in any way or share or promote CQI performance ratings/rankings outside of their institution.   **2017 MBSC Data Entry Deadlines**   |  |  | | --- | --- | | Monthly Date | All Cases Entered Through OR Date | | 10/31/2017 | 6/30/2017 | | 11/30/2017 | 7/31/2017 | | 12/29/2017 | 8/31/2017 |     **Websites to Remember:**  **MBSC:**  [*www.michiganbsc.org*](http://www.michiganbsc.org)  **PCORI:**  *www.myweightlossjourney.net*  **Public Facebook:**  */MichBariSC*  **Coordinator Facebook:**  */MBSC Coordinators*  **Surgeon Facebook:**  */Michigan Bariatric Surgery Collaborative*  **Public Twitter:**  *@MichBariSC*  Image result for social media clipart    **MBSC Mission Statement**  MBSC aims to innovate the science and practice of metabolic and bariatric surgery through comprehensive, lifelong, patient-centered obesity care – in Michigan and across the United States.  MBSC rests on the core pillars of collaborative quality improvement: collection of detailed clinical data on outcomes and practice; timely, rigorous performance feedback to clinicians; and continuous improvement based on empirical analysis and collaborative learning.  Image result for mission statement clipart | Image result for David Arterburn, MDWelcome! We offer our warmest welcome to our October 2017, guest speaker, David Arterburn, MD, MPH.  Dr. Arterburn, is a general internist and health services researcher who focuses on finding safe, effective, and innovative ways to treat obesity. As a national leader in obesity research, his goal is to help individuals and families make treatment decisions that align with their values while sustaining their health over the long haul.  Dr. Arterburn's research portfolio includes policy-level interventions for health plans, behavioral and lifestyle interventions for weight loss, pharmaco-epidemiology, the long-term outcomes of bariatric surgery, and shared decision making related to elective surgery. In 2016 he launched a two-year, $4.5 million study comparing the health benefits and safety associated with the three main types of bariatric surgery: Roux-en-Y gastric bypass, sleeve gastrectomy, and adjustable gastric banding. Funded by the Patient-Centered Outcomes Research Institute, the study aims to give patients and their health care providers the information they need to decide which type of surgery is best for them. He is also co-leading Kaiser Permanente Washington’s evaluation of a new technology-based lifestyle program to support people after bariatric surgery.  Among Dr. Arterburn’s other recent projects is a large, multi-site study among veterans that showed Roux-en-Y gastric bypass surgery led to sustained weight loss and better long-term survival than non-surgical treatment. He also recently co-led research at Kaiser Permanente Washington that suggested the antidepressant bupropion was most likely to help people with depression and obesity to control their weight.  Dr. Arterburn has collaborated with Kaiser Permanente Washington's specialty leadership to implement and evaluate shared decision making with patient decision aids to support elective surgical care. The approach has shown great promise for improving the quality of health care while simultaneously lowering the costs of care in some populations.  Dr. Arterburn joined Kaiser Permanente Washington Health Research Institute in 2006. In recognition of his contributions to science, he has been named a Fellow of the American College of Physicians (FACP) and of The Obesity Society (FTOS). Dr. Arterburn is past chair of the Adult Obesity Measurement Advisory Panel sponsored by the National Committee on Quality Assurance, founding chair of the Obesity Society's Health Services Research Section, and past chair of Health Care Systems Research Network's Obesity Special Interest Group. In 2013 he co-chaired the Symposium on the Long-Term Outcomes of Bariatric Surgery, which was convened by the National Institute of Diabetes and Digestive and Kidney Diseases and the National Heart, Lung, and Blood Institute. He is also an affiliate professor in the University of Washington Department of Medicine. Welcome, Dr. Arterburn!  Image result for welcome clipart  MBSC Quality Improvement Study Updates  **Michigan Perioperative Initiative to Reduce Readmissions and ED Visits**  **(M-PIRRE)**    The MBSC’s initiative to reduce ED visits and readmission rates (M-PIRRE) is now in its 4th phase which involves the design, implementation, and evaluation of the intervention.  This summer, 3 MBSC sites invited the M-PIRRE team to spend a day in their practices. We observed current pre and post-surgical processes, the greater environment, current workflow, and after-hours call procedures. We also collected patient education materials, pre-op information, post-op and discharge instructions, and materials related to ED visits. In addition, we discussed potential intervention ideas and what barriers may be encountered.  Following the site visits, the M-PIRRE team conducted a brainstorming session to select an intervention to pilot. The selected interventions were: Patient Wrist Bands and Wallet Cards, and an Urgent Care Toolkit.  6 sites will begin implementing the wrist bands and wallet cards in the next 4-6 weeks. Wrist bands will contain the phone number for patients to call with questions before going to the ED. The card will have patient directed instructions and the phone number on the front, and the back will contain guidance for other treating healthcare professionals. Each site had the opportunity to customize the messaging and design of their materials. We then worked with each team to tailor the intervention to their practice, and develop a written protocol specific to their workflow and processes. There will be preliminary updates on the progress of the intervention in February.  The second intervention will promote the utilization of lower acuity settings for post-operative patients who have non-urgent concerns. We will identify local Urgent Care Centers for 5 pilot sites, and assess their capabilities of treating post-op bariatric patients. Bi-directional education will be offered for the pilot site’s bariatric team and local Urgent Care providers. The goal is to provide surgeons with a better understanding of what an Urgent Care can offer their patients, and to educate Urgent Care providers on how to deliver appropriate care to bariatric patients. The final result will be a toolkit for Urgent Care Centers to use as a resource in treating post-operative patients. This intervention will begin in Spring of 2018.  This initiative is a process in evolution. We welcome your input into the design and execution of this QI project. The staff contact for this initiative is Haley Stevens (hsteve@med.umich.edu).  **Using Video Analysis to Improve Sleeve Gastrectomy Outcomes**  https://gallery.mailchimp.com/09858c25c6aec47fe7ce961f6/images/69b92e45-45e2-4cc1-853c-ca465c131d15.jpgThe goal of this project is to use the analysis of operative videos to determine best practices with laparoscopic sleeve gastrectomy. Surgeons have been asked to submit a sleeve gastrectomy video to be edited and uploaded for review using a validated instrument by their peers.  To date, 47 videos have been edited and uploaded to the platform and 26/47 videos have been reviewed by at least 10 MBSC surgeons. All 47 videos have been reviewed by at least 2 surgeons. Video ratings are crucial to this project and we are continuing to encourage surgeons to review and rate each video as they receive it. Any questions regarding this study should be directed towards Amanda Stricklen ([aoreilly@med.umich.edu](mailto:aoreilly@med.umich.edu)).  **Do you have a question or need more information about MBSC?**  We are available to help you with your MBSC questions. Contact us either by email or phone – we are here to help you.  ***Project Director:***  **Amir Ghaferi, MD, MS**  [aghaferi@med.umich.edu](mailto:aghaferi@med.umich.edu)  734.641.3151  ***Project Co-Director:***  **Jonathan Finks, MD**  [jfinks@med.umich.edu](mailto:jfinks@med.umich.edu)  734.695.8921  ***Physician Consultant:***  **Oliver Varban, MD**  [ovarban@med.umich.edu](mailto:ovarban@med.umich.edu)  734.232.2323  ***Surgical Coaching Program Director:***  **Justin Dimick, MD, MPH**  [jdimick@med.umich.edu](mailto:jdimick@med.umich.edu)  734-998-7470  ***Lead Senior Project Manager:* Amanda Stricklen, RN, MS**  [aoreilly@med.umich.edu](mailto:aoreilly@med.umich.edu)  734.998.7481  ***Senior Project Manager:***  **Rachel Ross, RN, MS**  [rachacoo@med.umich.edu](mailto:rachacoo@med.umich.edu)  734.998.7502  ***Senior Project Manager:***  **Aaron Bonham, MSc**  [bonhamaa@med.umich.edu](mailto:bonhamaa@med.umich.edu)  734.998.7503  ***Quality Improvement Coordinator:***  **Haley Stevens, MPH**  [hsteve@med.umich.edu](mailto:hsteve@med.umich.edu)  734.998.7510  ***Coaching Program Coordinator:***  **Tedi Engler**  [tedi@med.umich.edu](mailto:brownnat@med.umich.edu)  734-998-9222  ***Follow-Up Coordinator:***  **Gale O’Reilly**  [goreilly@med.umich.edu](mailto:goreilly@med.umich.edu)  734.998.7514  ***Administrative Assistant:***  **Christina Karst**  [ckarst@med.umich.edu](mailto:ckarst@med.umich.edu)  734.647.3151      **Improving Patient Decisions about Bariatric Surgery**  The revised patient decision aid, now called “My Weight Loss Journey” has been completed and is ready for patient use.  We are currently in the process of recruiting 300 patients to complete and evaluate the tool. At this time, 97 patients have enrolled. We plan to disseminate the tool for public consumption following analysis of this initial data. The new tool aims to better educate patients preoperatively and to encourage longitudinal education and follow-up. It also seeks to help reaffirm patients’ decision to pursue bariatric surgery. An exciting feature of the newly revised tool is real patient video testimonials. This was a feature that many patients who used the first version of the tool asked for and adds significant value to the revised version.   We have approximately 14 MBSC sites actively recruiting patients for this project. If your site is interested in participating, please email Rachel at [rachacoo@med.umich.edu](mailto:rachacoo@med.umich.edu) and she will send you recruitment packets by mail.  Image result for surgical coaching**Coaching Intervention to Improve Technical Skill in Bariatric Surgery**  The MBSC Surgical Coaching Program held another successful session during the June 2017 quarterly meeting! The program involves the evaluation of a coaching intervention to improve technical skills and outcomes.  The next coaching session will be on October 6th from 8am to 10am. The final coaching session will be February 2nd, after which the project will move into the analysis phase. We'll be planning a retreat for local members in the coming months to determine next steps for the coaching program.  Any questions regarding this study should be directed towards Tedi Engler ([tedi@med.umich.edu](mailto:tedi@med.umich.edu)). Social Media Update **Facebook:**  MBSC has three Facebook sites that are up and running:   * The MBSC Public Page * The MBSC Coordinator Page * The MBSC Surgeon Page   We have emailed information regarding signing up for these sites. If you wish to receive the information again, please contact Amir Ghaferi ([aghaferi@med.umich.edu](mailto:aghaferi@med.umich.edu)) for the surgeon page and Rachel Ross ([rachacoo@med.umich.ed](mailto:rachacoo@med.umich.ed)) for the coordinator page.  *\*\*It is important that no PHI be shared on these forums. The surgeon page requires accepting a terms of agreement to participate.*    **MBSC Participating Sites**  Beaumont Dearborn  Beaumont Grosse Pointe  Beaumont Royal Oak  Beaumont Troy  Beaumont Wayne  Borgess Medical Center  Bronson Methodist Hospital  Covenant HealthCare  Forest Health Medical Center  Fresno Heart and Surgical Hospital  Harper University Hospital  Henry Ford Hospital  Henry Ford Macomb Hospital  Henry Ford West Bloomfield Hospital  Henry Ford Wyandotte Hospital  Hurley Medical Center  Huron Valley-Sinai Hospital  Lake Huron Medical Center  Lakeland Community Hospital  McLaren Flint  McLaren Macomb  McLaren Port Huron  Mercy Health Partners  Mercy Health – Saint Mary’s Campus  Mid-Michigan Medical Center-Gratiot  Mid-Michigan Medical Center-Midland  Munson Medical Center  North Ottawa Community Hospital  Oakland Regional Hospital  Sparrow Health System  Spectrum Health System  Spectrum Health Zeeland  St. John Hospital and Medical Center  St. John Oakland  St. John Providence Health System  St. Joseph Livingston Hospital  St. Joseph Mercy Oakland Hospital  St. Mary Mercy Hospital, Livonia  St. Mary’s of Michigan, Saginaw  University of Michigan Health System  UP Health System, Marquette  War Memorial Hospital          ddd  **Twitter:**  The MBSC Public Twitter account (#OBSM) is used to inform the public about current news regarding bariatric surgery and quality improvement topics, and to generate exposure on these issues to the public.  Dr. Ghaferi, along with three other bariatric surgeons around the country, have started a tweetchat about obesity surgery **(#obsm).** Obesity social media chats are held the second Sunday of every month from 9 pm – 10 pm EST. The chats are moderated by healthcare professionals and discuss a range of hot button issues related to ending obesity. Participation in the chat can range from following along and reading the conversation, to responding to the topic questions and engaging with other participants. Past #OBSM tweet chat topics have included: insurance hurdles in bariatric surgery, understanding facilitators and barriers of adolescent surgery, and understanding post weight loss surgery weight gain.  The next #OBSM tweet chat will be held on **October 8th from 9 pm to 10 pm EST**. The topic will be "The Psychology of Obesity: Working Together to Eliminate Shame and Stigma”. Please invite any interested colleagues or patients to join! For more information on how to participate in tweet chats or for general Twitter questions, please contact Dr. Ghaferi ([aghaferi@med.umich.edu](mailto:aghaferi@med.umich.edu)) or Haley Stevens ([hsteve@med.umich.edu](mailto:hsteve@med.umich.edu)).  ASMBS Abstract Submission  The following abstracts using MBSC data have been submitted to the 34th ASMBS Annual Meeting at Obesity Week 2017 which will be held in Washington, DC October 29 – November 2, 2017.  https://asmbs.org/wp/uploads/2017/03/ASMBS_Web_sidebar_OW17-34th.jpg   * Characterizing the Preventable Emergency Department Visit Following Bariatric Surgery * Patient Perspectives on Emergency Department Self-Referral * Predictors of One-year Follow-up Patient Survey Completion After Bariatric Surgery * Factors Associated with Bariatric Surgery Utilization Among Eligible Patients   Patient Advisory Panel  The MBSC has 8 active patient advisors. 7 advisors will be in attendance at the 10/6/2017 collaborative wide meeting. We are also happy to announce Diane Modrack and Dyan King joined the collaborative this summer. We would like to thank all of our advisors for participating in a variety of collaborative activities over the past year, and we look forward to their input and engagement in 2018.  Image result for collaboration  **Current MBSC Patient Advisors:**   * Michael Adams * Don Griffis * Rosemary Griffis * Terri Hayosh * Mike Mattei * Angie Scholten * Dyan King * Diane Modrack   **MBSC Classifieds**  **Data abstractor needed**  We are in need of a data abstractor. This position will be part-time/contingent. More information is available upon application. If you are interested or have any questions, please contact Chloe Birchler at Chloe.MacKinnon@stjoeshealth.org  **Data Abstractor needed**  We are in need of a part-time, day, 20 hours, weekly data abstractor. Required credentials include current registered nurse (RN) licensure by the State of Michigan Board of Nursing required. Required previous work includes 1 year of clinical nurse experience. Experience in clinical data analysis preferred. If you are interested, please apply at the link below:  https://ascension-internal.ttcportals.com/jobs/7515293-analyst-data-quality-1-bariatric-services-001-troy-mi-pt-days  Image result for classifieds clip art    **PCP Engagement**  We are still recruiting PCPs to assist us in our PCP Engagement work. Our last workgroup was held immediately following the June quarterly meeting. We will be having another workgroup on October 6th immediately following the quarterly meeting. If you know of a PCP who is interested, please email Amanda Stricklen at [aoreilly@med.umich.edu](mailto:aoreilly@med.umich.edu)  Image result for physician collaboration clipart  MBSC BMI and Outcomes Calculator  We are excited to announce the MBSC BMI and Outcomes Calculator is now available without a login on the MBSC website.  The purpose of this feature is to allow users the ability to access the MBSC calculator tools without requiring an ArborMetrix login. The URL for the calculators will be secure, but available on the public internet. (No changes have been made to the workflow of logged in users).    Continuing Medical Education  **MD’s**  Image result for cmeThe University of Michigan’s Office of Continuous Professional Development is no longer offering green evaluation cards or paper certificates for CME credit. Instead, a link to a Qualtrics evaluation survey will be sent to your email address and completion certificates will be automatically emailed to you once your evaluation is completed. The link to the evaluation will be provided within 1 week of the quarterly meeting. Please contact Rachel Ross at [rachacoo@med.umich.edu](mailto:rachacoo@med.umich.edu) if you have any questions.  **DO’s**  Paper certificates will still be issued for CME credits for DO’s  **RN’s**  Please note – Attendance at MBSC meetings complies with the requirements for continuing education for nurses to use for renewal or relicensure!    For information regarding CME contact Rachel Ross at (rachacoo@med.umich.edu) |